

UNIFIED CHAMPION SCHOOLS

Middle & High

Special
Olympics
Washington



Special Olympics
Unified Champion
Schools®



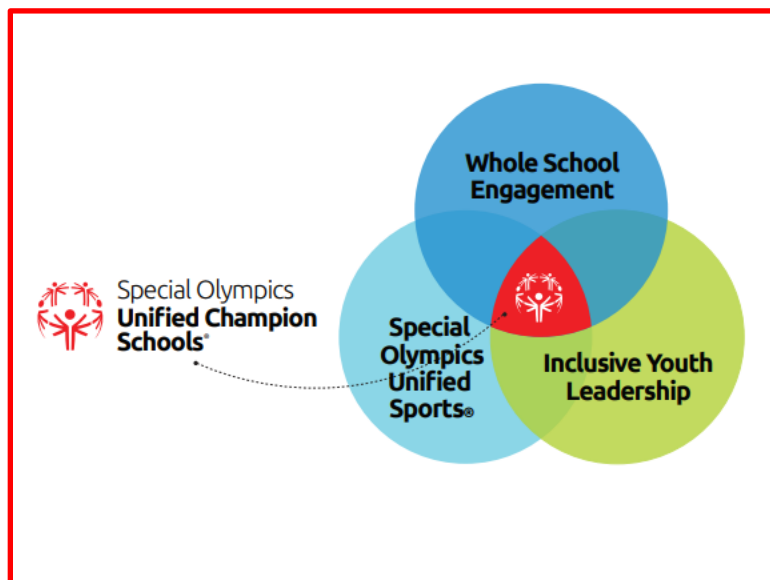
Overview



How does the Special Olympics Unified Champion Schools strategy work in Middle Level and High Schools?

The Unified Champion Schools strategy is designed to be woven into the fabric of the school, enhancing current efforts and providing rich opportunities that lead to the creation of a socially inclusive school that supports and engages all learners. What a Unified Champion School looks like can vary greatly from school to school (or team to team), based on the needs, goals, schedules and other factors unique to each middle level school, but the basic building blocks remain the same.

The Components of Unified Champion Schools are:



Whole School Engagement:

Awareness and education activities that promote inclusion and reach most of the school population.

Inclusive Youth Leadership:

Students with and without intellectual disabilities working together to lead and plan advocacy, awareness and inclusive activities throughout the school year.

Special Olympics Unified Sports®:

A fully inclusive sports or fitness program that combines an approximately equal number of students with and without intellectual disabilities.

A Unified Champion School implements **three specific components, all of which are best integrated with the others in a cohesive effort to increase social inclusion throughout the school.** Just as an integrated curriculum in middle level and high schools has long been recognized as a foundation for effective learning, research on Unified Champion Schools has identified that schools in which all three components are interconnected and implemented are those that become socially inclusive to a higher degree.

Programs and Activities for Middle & High School



Special Olympics Unified Champion Schools® (SOUCS) offers proven programs and activities that equip young people with tools and training to create sports, classroom and community experiences that improve attitudes and behaviors among all young people.

Unified Sports	Inclusive Youth Leadership	Whole School Engagement	Curriculum Content
Interscholastic Unified Sports	Starting a Unified Club	It's Our School, Too! Play	Unified Classroom
SOfit	Enhance current clubs & make them inclusive	Spread the Word: Inclusion Campaign	Lessons in Social Inclusion: Mini Lessons
Unified Fitness Clubs	Middle Level Youth Leadership Training	Unified Sports Assembly	Middle Level Playbook
Unified Physical Education	High School Level Foundational Inclusive Youth Leadership Training	Enhance current Whole School Engagement Activities & make them inclusive	High School Playbook
District-wide Unified Sports Team			



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